

*Professional Massage therapists Association of
Quebec.*

*Association des Massothérapeutes
Professionnels du Québec.*

PROFESSIONAL CODE OF ETHICS

Honesty-Loyalty-Humility

__ARTICLES and LEGALISM ADD-ON__

Here are the legalisms that are add to the articles of the Professional Code of Ethics, and which are also the rules of the Association. In force since March the 12 1985. / Revised: October 09, 2025.

A massage therapist and any specialist in various massage techniques, member of the Association, must comply with the professional ethics of the A.M.P.Q.

If a member, an emigrant, holds a work permit issued by the Government of Canada, said member must comply with the conditions stipulated on this document.

In addition: A massage therapist who is a member of the Association of Professional Massage Therapists of Quebec, without any conditional exceptions, may not

practice or offer their skills outside the Province of Quebec unless they have previously obtained a permit issued by the province and territorial authorities of to work. They must notify the Association's

Article 1- Date of enforcement March the 12 1985. Review 10-09-2025. The Association's certificate certifying that you are a member in good standing, the annual seal or the present year must appear, there must be displayed in public view in the places where you practice your profession. A professional code of ethics of the Association should be available to anyone who requests it.

Article 1.1- Date of enforcement: 1st of October 2010. Whatever represents the Association still belongs to it: The name, initials, stamps, logo, emblem, symbols, certificates, (A.M.P.Q.) pin, photos, Code of Ethics, membership cards and official receipts for the customers. The Association has the right to recover those documents at any time if the situation is necessary. Using those terms or accessories is fully forbidden without the authorization of the Association board of Directors.

Article 2- Date of enforcement March the 12 1985. To honor your profession and conduct yourself in a manner to be appreciated by your clients.

Article 2.1- Date of enforcement: REVISED October 09, 2025.

All massage therapists must to welcome their clients in a sanitary place with good ventilation. No animal of any sort is allowed in the practice area. To have the proper equipment for massage therapy, change sheets and towels after every intervention. Shower cabins and therapeutic baths (in perfect condition) must be cleaned after every use with disinfectant products.

Note: The massage rooms surface must be at least 8'x10' or 2m50x3m. Massage table inside the room can be fixed, adjustable or carry on table. Fixed, portable, and/or adjustable massage tables are required. However, if you work in a large open-air space and more than one client and therapist are present at the same time, the treatment areas must be the size of an enclosed room, with opaque and soundproof partitions to ensure privacy for each client. (Divider curtains are not recommended.) If you work from your home, the same rules apply regarding treatment areas and partitions.

Also, if you have one or more pets at home, this situation is more complex. You must inform your client before the appointment. (Allergies should be avoided.) While your client is at your home, your pet must be kept in a separate room. (Even if the client is not allergic.) Furthermore, if the client suffers from

allergies to dogs, cats, or other animals, you cannot see them as a client at your home. Even if your pet doesn't go into that room, your home and the air are saturated with pet hair and fur dust.

For those who travel to clients' homes, you should have enough space to move around your treatment table comfortably.

Furthermore, if you have any doubts about your client's health, make sure you have protective masks readily available.

The gymnastic mattress for Shiatsu must be at least 2 to 3 inches thick or 5 to 7.5cm, and 36" width x 6.6' long. Bed mattresses are forbidden in the massage room.

Article 2.2- Date of enforcement: Review 10-09-2025.

A massage therapist cannot issue a receipt in place of another therapist for work that he or she has not performed on a client. This action will be considered as a major fraud (counterfeit).

Article 2.3- Date of enforcement: 1st. of October 2012.

A member, owner of a therapeutic massage business, a SPA or an esthetic salon, can give receipts for his own intervention in massage only if he or she is registreted Massotherapeute. It is forbidden to make a receipt in

massage for another therapist working in the same commerce. Each therapist needs to have his own official receipt books.

Article 2.4- Date of enforcement: 1st. of October 2012.

It is forbidden to give a receipt from the A.M.P.Q. to anyone who buys a massage gift certificate. Health file is mandatory.

Article 2.5-Date of enforcement: 20 of April 2015.

No official receipt from the Association can be given for an intervention in massage or therapy under 10 minutes, unless the treatment must be continued later (or a few days later). Then, a receipt shall be issued for the full duration of the treatment. It is also forbidden to give a receipt in an amount higher than the regular price of a regular massage. A member must refuse, upon demand of a beneficiary, to issue a receipt without providing any treatment or future. Never gives to a client a receipt for a person of his family if you didn't do a treatment for this person. You can have big juridical problems suit of this action.

Article 2.6- Date of enforcement: 1st. of October 2011.

A massage therapist cannot give an official massage receipt of Association to be reimbursed by an insurance company, for a member of his own family:(father, mother, brother, sister, spouse or husband and their children.

Article 2.7- Date of enforcement: 1st. of October 2012.

Any massage therapist who has more than one discipline in natural medicine (Example: naturopathy, osteopathy, kinesitherapy, etc.) cannot give more than one receipt per treatment for the same customer at a time.

To give receipts for different treatment to a customer, the therapist should:

(A). Have the adequate competence. (Certificates /diplomas)

(B). Be convinced, without any doubt, that there is no claim abuse.

(C). Ask the customer for a prescription from his family doctor, a specialist, psychologist or a psychotherapist.

(D). Have a written authorization from the insurance company, so that the customer could benefit of a refund.

Article 3.0- Date of enforcement: March the 12 1985.

Not to practice any therapy or intervention under any circumstances that could compromise the quality and the dignity of your profession.

Article 3.1- Date of enforcement: 1st. of October 2012.

A massage therapist must wear appropriate clothing during his working hours. Any subjective clothing is completely forbidden.

Article 4.0- Date of enforcement: March the 12 1985.

–To practice your profession with respect and dignity of the customer, to conform yourself with decency and never insist on having a customer to be naked on the table.

Article 4.1- Date of enforcement: 1st. of October 2012.

The customer has the choice to undress partly or completely. The massage therapist has the obligation to always cover all intimate parts of the body. (buttocks, breasts, pubis, scrotum and penis).

Article 4.2- Date of enforcement: 1st. of October 2012.

It is totally forbidden always touch in any way the intimate parts (sexual parts) of a customer during a treatment. (direct manipulation such-as: penis, testicles, nipples, vagina, labia majora, labia minora, anus). If the customer has any medical problem with one or many of those body parts, the therapist has the duty to refer him to his family doctor or a specialist.

Article 4.3- Date of enforcement: 1st. of October 2012.

A massage therapist cannot practice an intervention to a customer, if this one has some emotional attachment

towards him, or the massage therapist feels the same way towards the customer.

A massage place is strictly for professional intervention.

Article 4.4- Date of enforcement: 1st of October 2012.

A massage therapist has the obligation to have the presence of one parent or the tutorial if beneficiary is under 12 years old, and a beneficiary over 12 but under 18 years old should have a written authorization from one of his parents or a tutorial person.

Article 5.0- Date of enforcement: March the 12 1985–

A massage therapist cannot pretend to heal anyone and never tries to predict the number of interventions that would be needed for the customer to feel the well-being of his manipulations.

Article 6.0– Date of enforcement March the 12 1985.

A massage therapist does not make any distinction of ethnicity, religion, age, sexe, social status and even appearance. The therapist has the right to refuse an intervention to a customer that is suffering from psychological illness, or who does not respect body hygiene and morality and or any circumstances that will compromise the massage practice.

Article 6.1- Date of enforcement: 1st. of October 2012.

A massage therapist can refuse to give a massage or stop an intervention, if there is any intentional harassment from the customer.

Article 7.0– Date of enforcement: March the 12 1985.

A massage therapist must evaluate the customer difficulties, using conventional scientific methods and if there is a need, take advise from a professional in traditional medicine.

Article 8.0- Date of enforcement: March the 12 1985.

A massage therapist never makes a diagnosis concerning the customer's health and never criticizes a diagnosis made by another practitioner in traditional medicine.

Article 9.0– Date of enforcement: March the 12 1985.

Never urge the customer to turn to his services at the detriment of another health practitioner, always let the client, be free to choose.

Article 10.0– Date of enforcement: March the 12,1985. – Never at any time divulge to whomever for whatever reason, any information concerning the customer or any confidences made by the latter, the practitioner being vowed to professional secrecy and they have not to appear in the health file.

Article 10.1- Date of enforcement: 1st. of October 2012.

A massage therapist has the obligation to fill up a summary health file for each and all customer and make a follow-up at every intervention. However, he is exempted to do so, if the recipient refuses to give him the necessary information.

In this case, the beneficiary will have to give to the massage therapist a minimum of information concerning his health, in this case releasing him to complete his health file. (see Clause #1) (The date and time; the reason for the visit; if the beneficiary has a prescription from his doctor; the evaluation of the apparent overall health of the beneficiary (according to the massage therapist it's not a diagnosis); the feeling of the massage therapist before the intervention; the kind of intervention used; the result (if possible); the feeling of the recipient after the treatment; the improvement or regression of the beneficiary's condition; the feeling of the massage therapist after the

intervention and if there occurs, the date of the next visit.

Article 10-(Clause #1) A beneficiary has the right to refuse to complete a health file. He shall then, sign his name and date the document, at the place provided for, at the bottom. The massage therapist shall keep a copy of this document. The refusal of the beneficiary does not take away his right to enjoy a massage. If the latter requests a receipt but the reimbursement is refused by his insurance company, then the massage therapist will bear no responsibility. The client file, health assessment, and follow-up records are mandatory. You will only need to complete the client file and health assessment once, not at each visit.

However, at subsequent visits, you will always need to ask the client if there are any changes to be made to either the client file or the health assessment.

The follow-up record will include: 1: the date of the visit, 2: the time, 3: the reason for the visit, 4: the duration of the service, 5: the type of massage performed, 6: the cost of the massage, 7: the payment method. For a simple receipt, you must write on the receipt: PAID by/CC, CD, wire transfer, cash. And record this in the follow-up record with the transaction number.

Article 10.2- Date of enforcement: 1st. of October 2012.

A massage therapist must remember that the customer health file belongs to him. The customer has the right to have a complete copy of his health file if he needs so. The therapist must make a copy and keep it in a safe place. If the customer decides not to request the services of his therapist and demands his original health file, in that case, the therapist must ask the customer to sign up a hold on of his health file.

Article 10.3- Date of enforcement: 1st. of October 2012.

A massage therapist can demand to his customer some administrative fees (maximum 20.00\$) plus shipping fees, if this one demands a copy of his file, and a maximum of 35.00\$ plus shipping fees if this demand is made by an Insurance Company, and a writtem approval from the customer.

Article 10.4- Date of enforcement: 1st. of October 2012.

DISCLOSURE: A health file can be disclosed if a written demand is made by the customer on those conditions: “For the customer himself, a court of justice or an insurance company. In all those cases, a written consentment is required from the customer.

Article 11.0- Date of enforcement March the 12 1985.

A massage therapist must be honest in all representation, advertising or other, as to his profession and the level of skill he has to his credit.

Article 11.1- Date of enforcement: 1st. of October 2012.

Every massage therapist member, before doing any kind of publicity, will have to submit this one to the direction of A.M.P.Q., in order to obtain an authorization.

Article 11.2- Date of enforcement: 1st. of October 2012.

Massage therapists are responsible for their advertising. If an advertisement breaches the rules of the Association or offends or affects the reputation of the members of the Association, those responsible will be excluded from the Association.

Article 12.0 – Date of enforcement: March the 12,1985.- Avoid condemning any other clinical method or alternative that is not akin to his beliefs.

Article 13.0- Date of enforcement: March the 12, 1985. – Abstain from criticizing another professional colleague in the presence of the customer; address any serious complaints directly to the Association’s disciplinary committee; the committee will then judge if an inquiry is necessary.

Article 14.0- Date of enforcement: March the 12,1985. – Admit that the exercising of one’s profession requires self-discipline and that it is the practitioner’s responsibility to set his own.

Article 15.0– Date of enforcement: March the 12,1985.- Accepted, to append and conform to the clauses stated above, if the practitioner wishes to remain within the heart of the Association.

Article 16.0 – Date of enforcement: March the 12,1985.- A massage therapist must expect to undergo a serious investigation which could lead to his striking off and even lawsuits, if charges about his behavior, put forth by a patient or any serious complainants.

Inside this Professional Code of Ethics, the masculine gender includes the feminine gender, the singular includes the plural.

With your signature, down this document Code, you will have the obligation to comply with the Charter, the status and the Code of Ethics rules of the A.M.P.Q.

Name of Member: _____.

Membership number: _____.

Signature: _____.

Signature Date: _____.
